

Minutes from SHAC Meeting 10-21-22

Ms. L. Ramos, SHAC Coordinator welcomed the 2022-2023 SHAC committee. All School Board Approved SHAC members were introduced.

The SHAC vision, mission, and goal were reviewed. The officers for the 2022-2023 school year were selected:

Vice-Chair: Mrs. Raquel Vasquez

Secretary: Mrs. Veronica Aleman

Ms. Ramos will work with the nominated officers to fulfill their duties.

The SHAC By-Laws were reviewed with the committee. No updates were made. The by-laws were accepted.

The Committee also reviewed the Wellness Policy and completed the Triennial Review.

Ms. Ramos discussed the recommendation of November as Diabetes Month. The committee recommended bringing awareness to the district and the community in the following ways:

1. A Diabetes Walk
2. Passing out information to campus to share with students and their families
3. Mrs. Saldivar and her nursing team conduct health screeners for families within the community.
4. Utilize outside agencies to conduct the screeners
5. Advertise information throughout the campuses.

The SHAC committee recommended a diabetes walk, passing out information, and conducting health screeners. These recommendations will be presented to the administration.

Red Ribbon Week is being well on October 24-28, 2022. Schools were going to emphasize the purpose and importance of Red Ribbon Week and include activities.

Edu-Hero training for each group of staff members was reviewed. The discussion was held on the importance of each training and the requirements mandated for the training.

Updates for the following :

Health Services (Mrs. Sarah Saldivar) discussed with the committee the vaccination clinics being held this school year. Also, STOP the Bleed training will be provided for students.

Child Nutrition Services (Mrs. Cynthia Casas) discussed that the La Feria ISD Food service department will apply for the American's Healthiest Schools for the next school year. She discussed it was a process and La Feria should be recognized for her positive efforts in the school lunches.

This school year, Mrs. Casas and her department are working on promoting school breakfasts, lunches, and dinners. Every month, they are providing activities during the lunch hour, providing options for meals for all grade levels.

Family and Community Engagement (Mrs. Nancy Loredo) discussed all the activities to school is providing to promote wellness to staff and students. On Wednesdays, after school, there is a Wellness Activity such as H.I.T., walking, and Zumba for all staff. Adult Education classes are being provided as well through Brownsville ISD.

Counseling/Guidance (Mr. Umberto Flores) oversees this department. Discussed how counselors are providing lessons and presentations to our students on a weekly basis. Ms. Ramos discussed how certain staff members are being certified to be part of the Behavioral Threat Assessment. Mr. Flores discussed how WB Green Junior High School counselors would like to implement a part of the Maggie's House curriculum to address the social and emotional needs of the student.

The committee provided options for the next SHAC meeting. November 10, 2022.

The meeting was adjourned.